

ACADEMY FOR **BOWEL MANAGEMENT** 2026

The Fellowship of Bowel Care

DIFFERENT
EXPERTISES.
A HEALTHIER
TOMORROW.

PEOPLE.
PERSPECTIVES.
BETTER CARE
TOGETHER.

SCIENTIFIC DIRECTOR:
Laura Pelizzari

SCIENCE

PEOPLE

COLLABORATION

FROM
DISCIPLINES

TO A
COMMON PATH

BETTER LIVES

Rationale of the Course:

The Academy for Bowel Management is now entering its third edition, building on the experience, ideas and discussions generated during the previous editions and, above all, on the virtuous network that has progressively developed among professionals from different disciplines.

Over the years, the Academy has become more than an educational event: it has created a shared space in which different professional backgrounds, clinical experiences and perspectives can meet, interact and learn from one another. This multidisciplinary approach reflects the complexity of bowel dysfunction itself, a field in which effective management often requires the integration of gastroenterologists, colorectal surgeons, physiatrists, physiotherapists, urologists, neurologists, paediatric specialists, nurses and other healthcare professionals involved in bowel care and rehabilitation.

It is therefore with great pleasure that we welcome the third edition of the Academy for Bowel Management, which will take place in Rome on 26–28 November 2026, with a programme designed to combine scientific evidence, clinical experience, open discussion and practical training.

The programme will provide a comprehensive and multidisciplinary overview of bowel dysfunction, combining the foundations of bowel physiology with current diagnostic, therapeutic and rehabilitative approaches. Particular attention will be given to personalised bowel management across different ages and complex clinical conditions, including neurogenic bowel dysfunction, endometriosis and LARS, with a strong focus on the integration of TAI and rehabilitation within the therapeutic pathway.

Through keynote lectures, multidisciplinary round tables and interactive discussions, participants will explore real-life clinical challenges, emerging evidence and new therapeutic perspectives, sharing knowledge and experiences across different disciplines.

Finally, dedicated hands-on sessions will translate knowledge into clinical practice, offering practical experience with TAI techniques, colonic massage and ultrasound. Ultimately, the ambition of the Academy is to bring different disciplines together around the same patient and the same objective: to transform multidisciplinary from a principle into everyday clinical practice.

Because bowel management is rarely the responsibility of a single professional. It is a pathway built through science, experience, rehabilitation, communication and collaboration.

And, as always, the spirit of the Academy can be summarised in three simple words:

LEARN. CONNECT. HAVE FUN.

And this third edition will be no exception.

Laura Pelizzari



QUFORA ACADEMY 2026

ROMA - 26-27-28 NOVEMBRE

PINETA PALACE - HOTEL & CONGRESS CENTRE ROME

FACULTY

- Anna Romano
- Anton Emmanuel
- Concetta Brugaletta
- Elena Poletto
- Elisa Mercante
- Erica Poletti
- Ezio Falletto
- Francesca Destro
- Gabriele Bazzocchi
- Giovanni Guarcello
- Giuseppina Frasca
- Jacopo Martellucci
- Laura Pelizzari
- Luisa De Palma
- Mauro Menarini
- Mimosa Balloni
- Mimoza Tafciu
- Niels Balle
- Oriana Boldrin
- Peter Christensen
- Roberto De Giorgio
- Roberto Gagliardi
- Simona Ascanelli
- Simone Orlandi
- Stefania Musco
- Valeria D'Alti

QUFORA ACADEMY 2026

ROMA - 26-27-28 NOVEMBRE

PINETA PALACE - HOTEL & CONGRESS CENTRE ROME

THURSDAY

9:00-9:30 – ARRIVAL

10:00 – START

INTRODUCTION (D.SSA PELIZZARI-GRISSETTI)

10:15 – 10:45

KEYNOTE LECTURE: COLONIC
PHYSIOLOGY (PROF. BAZZOCCHI)

10:45 – 11:15

KEYNOTE LECTURE: MICROBIOTA & GUT-
BRAIN AXIS (PROF. DE GIORGIO)

FIRST SESSION 10:15 – 11:45

10:15 – 10:45

CHRONIC FUNCTIONAL CONSTIPATION:
PATHOPHYSIOLOGY AND MANAGEMENT
(DR. ORLANDI)

10:45 – 11:15

ULTRASOUND AND BOWEL FUNCTION:
HOW TO USE ULTRASOUND IN THE BOWEL
(D.SSA FRASCA)

11:15 – 11:45 COFFEE BREAK

11:45 – 12:15

ANORECTAL MANOMETRY AS A
REHABILITATION TOOL
(D.SSA DIALTI)

12:15 – 12:45

COLON HYDROTHERAPY AND TAI: HOW,
WHEN AND WHY (D.SSA BALLONI)

12:45 – 13:15

ROUND TABLE: REIMBURSEMENT BETWEEN
REALISM AND UTOPIA IN PATIENTS WITH
FUNCTIONAL BOWEL DISORDERS (ORLANDI,
DIALTI, FRASCA, MENARINI-POLETTI)
PROVOCATEUR: D.SSA PELIZZARI

13:15 – 14:30 LUNCH BREAK

SECOND SESSION 14:30 – 15:30

14:30 – 15:00

KEYNOTE LECTURE: THE UROBIOME AND
LOWER URINARY TRACT HEALTH:
MICROBIOTA IN BLADDER-BOWEL
CROSSTALK (D.SSA MUSCO)

15:00 – 15:30

TAI IN PAEDIATRIC PATIENTS
(D.SSA DESTRO)

15:30 – 16:00

TAI IN OLDER ADULTS (BOLDRIIN)

16:00 – 16:30 COFFEE BREAK

16:30 – 17:30

ROUND TABLE: THE CHALLENGING
WORLD OF RELATIVE
CONTRAINDICATIONS AT THE EXTREMES
OF AGE: WHEN DIFFICULTIES BECOME
OPPORTUNITIES FOR CARE
(BAZZOCCHI, FRASCA, DIALTI, DESTRO,
ORLANDI, BALLONI, BOLDRIIN)
PROVOCATEUR: DR. FALLETTO

QUFORA ACADEMY 2026

ROMA - 26-27-28 NOVEMBRE

PINETA PALACE - HOTEL & CONGRESS CENTRE ROME

FRIDAY

09:00 – START

KEYNOTE LECTURE TAI: HOW IT WORKS
(**PROF. EMMANUEL**)

FIRST SESSION 9:30 – 11:30

9:30 – 10:00

BOWEL DYSFUNCTION AND DYSBIOSIS IN
PARKINSON'S DISEASE (**D.SSA ASCANELLI**)

10:00 – 10:30

MULTIPLE SCLEROSIS AND BOWEL
DYSFUNCTION (**DR. GUARCELLO**)

10:30 – 11:00

SPINAL CORD INJURY: FROM TAI TO
STOMA (**D.SSA MERCANTE**)

11:00 – 11:30 COFFEE BREAK

11:30 – 12:00

REHABILITATION OF BOWEL
DYSFUNCTION IN ENDOMETRIOSIS (**DR.
POLETTI-MENARINI**)

12:00 – 13:15

THE HIDDEN WORLD – DISCUSSION
WHEN TAI BECOMES COMPLEX IN
NEUROLOGICAL PATIENTS FOR NON-
BOWEL-RELATED REASONS

**CHAIR: BRUGALETTA, AGLIARDI, TAFCIU,
POLETTI**

PROVOCATEUR: D.SSA PELIZZARI

13:15 – 14:30 LUNCH BREAK

14:30 – 15:00

KEYNOTE LECTURE: RESEARCH
CHALLENGES AND NEW THERAPEUTIC
FRONTIERS (**PROF. CHRISTENSEN**)

SECOND SESSION 15:00 – 16:30

15:00 – 15:30

RAR-LARS (**DR. MARTELLUCCI**)

15:30 – 16:00

REHABILITATION AND LARS: WHAT DOES
"REHABILITATION" REALLY MEAN (**D.SSA
ROMANO**)

16:00 – 16:30

INTEGRATING TAI WITH REHABILITATION: THE
MARRIAGE PARFAIT (**D.SSA PELIZZARI**)

16:30 – 16:45 PAUSA CAFFÈ

THIRD SESSION 16:45 – 17:45

INTERNATIONAL TAI

16:45 - 17:05

17:05 - 17:25

17:25 - 17:45

CLOSING TESTIMONIAL (**NIELS**)

QUFORA ACADEMY 2026

ROMA - 26-27-28 NOVEMBRE

PINETA PALACE - HOTEL & CONGRESS CENTRE ROME

SATURDAY

9:30 – PRACTICAL SESSION

PRACTICAL STATIONS

09:30 - 11.15

- LOW VOLUME TAI (**TAFCIU**)
- HIGH-VOLUME TAI WITH CONE (**BRUGALETTA**)
- HIGH-VOLUME TAI WITH CATHETER (**AGLIARDI**)
- COLONIC MASSAGE (**ROMANO**)
- ULTRASOUND (**D.SSA FRASCA**)

11:15-11:30 COFFEE BREAK

11:30-13:00

SURPRISE: A DOSE OF ENERGY

13:00

ECM QUESTIONNAIRE

END OF THE PROGRAMME

QUFORA ACADEMY 2026

ROMA - 26-27-28 NOVEMBRE

PINETA PALACE - HOTEL & CONGRESS CENTRE ROME

GENERAL INFORMATION

CONGRESS VENUE

PINETA PALACE HOTEL – VIA SAN LINO PAPA 35, ROMA

<https://www.hotelpinetapalace.com/>

CME ACCREDITATION

CME accreditation will be applied for the following categories:

- PHYSICIAN: General Surgery, Gastroenterology, Physical and Rehabilitation Medicine, Urology, Obstetrics and Gynecology
- NURSE
- PHYSIOTHERAPIST
- MIDWIFE

PROVIDER

NEW PROGRESS CONFERENCE & MANAGEMENT

VIA CARTOLERIA 32 – BOLOGNA

TEL. 051 6486365 info@newprogress.com